

MARCH:

- Mar 1 Exodus 24:12-18
- Mar 2 Matthew 17:1-9
- Mar 3 2 Peter 1:16-21
- Mar 4 Psalm 99
- Mar 5 Ps. 51:1-17; Isaiah 58:1-12
- Mar 6 Joel 2:1-2, 12-17
- Mar 7 2 Corinthians 5:20b-6:10
- Mar 8 Matthew 6:1-6, 16-21
- Mar 9 Matthew 4:1-11
- Mar 10 Genesis 2:15-17, 3:1-7
- Mar 11 Psalm 32
- Mar 12 Romans 5:12-19
- Mar 13 Ps. 27; Genesis 39:1-23
- Mar 14 Ps. 105; Genesis 40:1-23
- Mar 15 Ps. 43; Genesis 41:1-13
- Mar 16 John 3:1-17
- Mar 17 Jeremiah 1:4-9 (St. Patrick)
- Mar 18 Genesis 42:1-17
- Mar 19 Genesis 42:18-28
- Mar 20 Genesis 42:29-38
- Mar 21 Genesis 43:1-15
- Mar 22 Genesis 43:16-34
- Mar 23 John 4:5-42
- Mar 24 Psalm 95
- Mar 25 Psalm 34
- Mar 26 Psalm 147:1-11
- Mar 27 Psalm 102
- Mar 28 Psalm 148
- Mar 29 Psalm 43
- Mar 30 John 9:1-41
- Mar 31 Ephesians 5:8-14

APRIL:

- Apr 1 Mark 8:1-10
- Apr 2 Mark 8:11-26
- Apr 3 Mark 8:27-9:1
- Apr 4 Mark 9:2-13
- Apr 5 Mark 9:14-29
- Apr 6 John 11:1-45
- Apr 7 Mark 9:30-41
- Apr 8 Mark 9:42-50
- Apr 9 Mark 10:1-16
- Apr 10 Mark 10:17-31
- Apr 11 Mark 10:32-45
- Apr 12 Mark 10:46-52
- Apr 13 Matthew 27:11-54
- Apr 14 John 12:1-11
- Apr 15 John 12: 20-36
- Apr 16 John 13:21-32
- Apr 17 John 14: 1-14
- Apr 18 John 18:1-19:42
- Apr 19 Isaiah 55:1-11; Romans 6:3-11
- Apr 20 John 20:1-18
- Apr 21 Mark 16:1-8
- Apr 22 Mark 16:9-20
- Apr 23 Matthew 28:16-20
- Apr 24 Luke 24:1-12
- Apr 25 2 Corinthians 4:16-5:10
- Apr 26 1 John 1:1-7
- Apr 27 John 20:19-31
- Apr 28 John 21: 15-19
- Apr 29 John 21:20-25
- Apr 30 1 Peter 2:1-10

S.O.A.P.Y.

Readings for the Season of Lent



Scripture

Observation

Application

Prayer

Yield

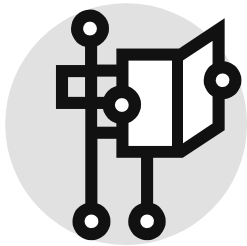
A Guide of Studying the Bible



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Getting S.O.A.P.Y. is Easy!

Just follow these simple steps...



S.O.A.P.Y. is a method of Bible study that helps us live out what we read; to be fully "washed in the Word."

By following the steps in this brochure, you will be able to fully immerse yourself in the scriptures.

Your S.O.A.P.Y. Journal

After the Bible, itself, the main component of the SOAPY method is the use of a daily journal to record your observations, thoughts, and prayers.

You can make your own journal by placing pieces of writing paper into a notebook. Or you can buy a blank daily journal. You may even want to compose a journal on your computer or online.

How to Use Your S.O.A.P.Y. Journal

Leave a few pages blank at the front of your journal. These will be used as your table of contents.

Step 1

Find the scripture readings for the day.

Step 2

Read the passages with an open mind and heart, listening for God's encouragement, insight, direction, and guidance.

Step 3

When you discern some message or insight from the Holy Spirit, turn to a new page in your journal to write down what God has shown you.

- ⇒ Write the date.
- ⇒ Write or leave space for a title.
- ⇒ Write down the main **S**cripture verse(s) that spoke to you.
- ⇒ Write down what you **O**bserve in the passage.
- ⇒ Write one way you will **A**pply today what you read in this passage.
- ⇒ Write out a brief **P**rayers.
- ⇒ Write what you will need to **Y**ield to God to be able to live differently; following the lesson you learned from your reading.

Step 4

Turn to the Table of Contents. Write your entry/ what you did today by Date, Scripture, Topic, Title, and Page.

Step 5

Conclude your devotional time with prayer, using the prayer you wrote, and perhaps a prayer life of your own.

The S.O.A.P.Y. Journal is one tool for assisting you in daily Bible reading and study. More importantly, it can help you grow in your faith. It may seem difficult at first to do it every day, but the routine and spiritual habit will become a part of you, and you will experience blessings and insights you never dreamed possible.

EXAMPLE JOURNAL PAGE:

04/18/10 "Say No to Stress"
Topic: Trusting God

[**S**cripture] "Rest in the Lord, and wait patiently for him: *fret not* thyself"
(Psalm 37:7a)

[**O**bservation] God wants us to find a place of rest and peace, knowing that stressing ourselves out is not the way to live a spiritually healthy life.

[**A**pplication] I will put less pressure on myself to be everything to everybody today. I will take time throughout the day to pause, rest, and trust the God who loves me in Jesus Christ.

[**P**rayers] *Dear Jesus, help me let go and rest in your strength. Amen.*

[**Y**ield] This example doesn't have the "Y", but don't forget to add the "Yield."
"How or what do I need to YIELD to God to make this passage work in my life?"