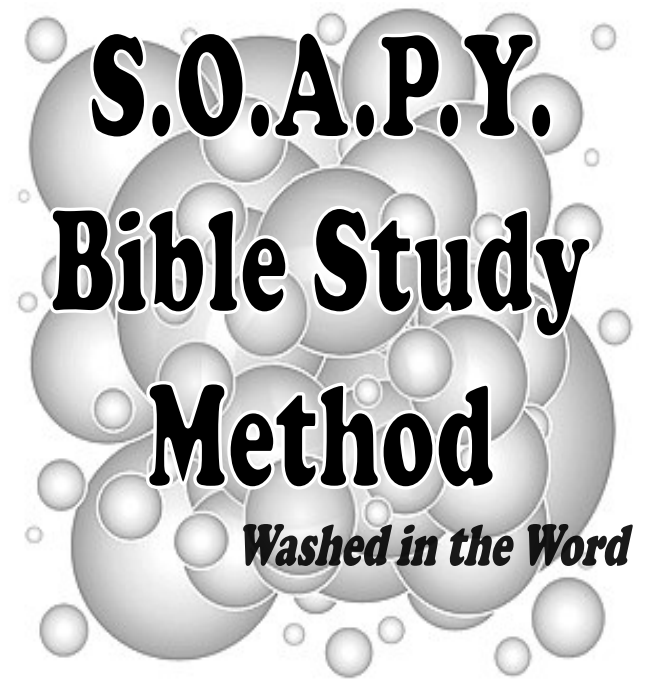


May - June 2014

- May 1 Psalm 139:13-16
- May 2 Matthew 7:24
- May 3 Psalm 104:14-15
- May 4 Deuteronomy 6:20-25
- May 5 Luke 14:24-31
- May 6 Romans 14:14-19
- May 7 Matthew 16:1-4
- May 8 John 7:40-44
- May 9 John 1:19-21
- May 10 Proverbs 16:3
- May 11 Matthew 6:6
- May 12 Mark 1:35
- May 13 1 Corinthians 7:29-31
- May 14 Psalm 104:30
- May 15 Micah 3:8-11
- May 16 1 John 3:18
- May 17 Romans 7:22-25
- May 18 Deuteronomy 29:29
- May 19 Isaiah 65:17-25
- May 20 Romans 8:26-28
- May 21 Isaiah 45:1-4
- May 22 Luke 15:20
- May 23 2 Corinthians 5:7
- May 24 Galatians 6:2
- May 25 John 16:13
- May 26 Matthew 5:38-39
- May 27 2 Corinthians 8:13-14
- May 28 1 Thessalonians 5:8
- May 29 Luke 23:46
- May 30 1 Thessalonians 5:23
- May 31 Nehemiah 1:5-10

- June 1 John 15:2
- June 2 Psalm 51:7-9
- June 3 Isaiah 11:3-4
- June 4 Luke 17:11-19
- June 5 Genesis 29:18-20
- June 6 Matthew 11:28-30
- June 7 Mark 2:23-28
- June 8 Isaiah 42:1-4
- June 9 Exodus 20:3-4
- June 10 Psalm 25:4-5
- June 11 John 2:18-22
- June 12 Acts 10:36-38
- June 13 Isaiah 65:22-23
- June 14 2 Kings 15:1-9
- June 15 Psalm 120:6-7
- June 16 Genesis 3:17-19
- June 17 Hebrews 12:2-3
- June 18 Romans 4:20-22
- June 19 Amos 7:12-15
- June 20 Galatians 6:10
- June 21 John 6:61-65
- June 22 Proverbs 19:17
- June 23 Romans 8:26-27
- June 24 Jeremiah 1:7-8
- June 25 Colossians 3:10
- June 27 1 Peter 3:15
- June 28 John 11:41-44
- June 29 Ephesians 6:12
- June 30 John 8:33-36

May - June 2014



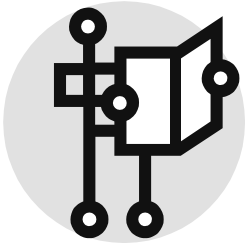
A Guide of Studying the Bible



Louisburg United Methodist Church
402 N. Main Street ~ P.O. Box 667, Louisburg, NC 27549
919-496-3736 www.LouisburgUnitedMethodistChurch.org

Getting S.O.A.P.Y. is Easy!

Just follow these simple steps...



S.O.A.P.Y. is a method of Bible study that helps us live out what we read; to be fully "washed in the Word."

By following the steps in this brochure, you will be able to fully immerse yourself in the scriptures.

Your S.O.A.P.Y. Journal

After the Bible, itself, the main component of the SOAPY method is the use of a daily journal to record your observations, thoughts, and prayers.

You can make your own journal by placing pieces of writing paper into a notebook. Or you can buy a blank daily journal. You may even want to compose a journal on your computer or online.

How to Use Your S.O.A.P.Y. Journal

Leave a few pages blank at the front of your journal. These will be used as your table of contents.

Step 1

Find the scripture readings for the day.

Step 2

Read the passages with an open mind and heart, listening for God's encouragement, insight, direction, and guidance.

Step 3

When you discern some message or insight from the Holy Spirit, turn to a new page in your journal to write down what God has shown you.

- ⇒ Write the date.
- ⇒ Write or leave space for a title.
- ⇒ Write down the main **S**cripture verse(s) that spoke to you.
- ⇒ Write down what you **O**bserve in the passage.
- ⇒ Write one way you will **A**pply today what you read in this passage.
- ⇒ Write out a brief **P**rayers.
- ⇒ Write what you will need to **Y**ield to God to be able to live differently; following the lesson you learned from your reading.

Step 4

Turn to the Table of Contents. Write your entry/ what you did today by Date, Scripture, Topic, Title, and Page.

Step 5

Conclude your devotional time with prayer, using the prayer you wrote, and perhaps a prayer life of your own.

The S.O.A.P.Y. Journal is one tool for assisting you in daily Bible reading and study. More importantly, it can help you grow in your faith. It may seem difficult at first to do it every day, but the routine and spiritual habit will become a part of you, and you will experience blessings and insights you never dreamed possible.

EXAMPLE JOURNAL PAGE:

04/18/10 "Say No to Stress"
Topic: Trusting God

[**S**cripture] "Rest in the Lord, and wait patiently for him: *fret not* thyself"
(Psalm 37:7a)

[**O**bservation] God wants us to find a place of rest and peace, knowing that stressing ourselves out is not the way to live a spiritually healthy life.

[**A**pplication] I will put less pressure on myself to be everything to everybody today. I will take time throughout the day to pause, rest, and trust the God who loves me in Jesus Christ.

[**P**rayers] *Dear Jesus, help me let go and rest in your strength. Amen.*

[**Y**ield] This example doesn't have the "Y", but don't forget to add the "Yield."
"How or what do I need to YIELD to God to make this passage work in my life?"